Matt Eyles President and CEO America's Health Insurance Plans 600 Pennsylvania Ave NW Washington, DC 20004

## **RE:** Telehealth access during the COVID-19 Public Health Emergency

Dear Mr. Eyles:

We are writing in response to numerous press reports<sup>1,2</sup> and changes outlined on health insurer websites<sup>3,4</sup> that many health insurers are not or soon will no longer be waiving copayments and deductibles for certain telehealth visits for patients during the COVID-19 Public Health Emergency (PHE). Our organizations represent millions of individuals with acute and chronic conditions, who often require ongoing monitoring and evaluation by medical professionals to maintain their health. According to the Centers for Disease Control and Prevention (CDC), many of these patients are "at increased risk" or "might be at an increased risk" for some of the worst consequences of the pandemic—including higher rates of hospitalization and mortality, if they were to contract COVID-19.<sup>5</sup>

Telehealth has proven to be critical to the populations we represent, and we applaud the health insurance industry for rapidly expanding access to telehealth services to its customers. This has enabled patients to be cared for by their health care providers from the safety of their homes, allowing them to address their health conditions while reducing their risk of being exposed to the coronavirus. The additional step of waiving patient cost-sharing for telehealth removed a significant barrier to diagnosis and treatment which is critical when trying to slow the spread of a highly contagious disease in the midst of an economic downturn.

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We would like to discuss this important issue at your convenience, so please reach out to our policy staff, Laura Friedman at the American Diabetes Association (<u>LFriedman@diabetes.org</u>), Patrick Stone at the National Psoriasis Foundation (<u>pstone@psoriasis.org</u>) or Heidi Ross at the National Organization for Rare Disorders (<u>HRoss@rarediseases.org</u>). Thank you for your consideration of our request.

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CC: Anthem, Inc. BlueCross BlueShield Association Cigna CVS Health Health Care Service Corp Humana Kaiser Foundation Health Plan, Inc. UnitedHealthcare

Gail Boudreaux President and CEO Anthem, Inc. 220 Virginia Avenue Indianapolis, IN 46204

# **RE:** Telehealth access during the COVID-19 Public Health Emergency

Dear Ms. Boudreaux:

We are writing in response to numerous press reports<sup>1,2</sup> and changes outlined on health insurer websites<sup>3,4</sup> that many health insurers are not or soon will no longer be waiving copayments and deductibles for certain telehealth visits for patients during the COVID-19 Public Health Emergency (PHE). Our organizations represent millions of individuals with acute and chronic conditions, who often require ongoing monitoring and evaluation by medical professionals to maintain their health. According to the Centers for Disease Control and Prevention (CDC), many of these patients are "at increased risk" or "might be at an increased risk" for some of the worst consequences of the pandemic—including higher rates of hospitalization and mortality, if they were to contract COVID-19.<sup>5</sup>

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CC: America's Health Insurance Plans BlueCross BlueShield Association Cigna Corporation CVS Health Health Care Service Corporation Humana Kaiser Foundation Health Plan, Inc. UnitedHealthcare

Scott P. Serota President and CEO BlueCross BlueShield Association 225 N. Michigan Ave Chicago, IL 60601

## **RE:** Telehealth access during the COVID-19 Public Health Emergency

Dear Mr. Serota:

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CC: America's Health Insurance Plans Anthem, Inc. Cigna CVS Health Health Care Service Corp Humana Kaiser Foundation Health Plan, Inc. UnitedHealthcare

David Cordani CEO Cigna 900 Cottage Grove Road Bloomfield, CT 06002

## **RE:** Telehealth access during the COVID-19 Public Health Emergency

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Larry J. Merlo President and CEO CVS Health One CVS Drive Woonsocket, RI 02895

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We would like to discuss this important issue at your convenience, so please reach out to our policy staff, Laura Friedman at the American Diabetes Association (<u>LFriedman@diabetes.org</u>), Patrick Stone at the National Psoriasis Foundation (<u>pstone@psoriasis.org</u>) or Heidi Ross at the National Organization for Rare Disorders (<u>HRoss@rarediseases.org</u>). Thank you for your consideration of our request.

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CC: America's Health Insurance Plans Anthem, Inc. BlueCross BlueShield Association Cigna Corporation Health Care Service Corporation Humana Kaiser Foundation Health Plan, Inc. UnitedHealthcare

Maurice Smith President and CEO Health Care Service Corp 300 E. Randolph St. Chicago, IL 60601

## **RE:** Telehealth access during the COVID-19 Public Health Emergency

Dear Mr. Smith:

We are writing in response to numerous press reports<sup>1,2</sup> and changes outlined on health insurer websites<sup>3,4</sup> that many health insurers are not or soon will no longer be waiving copayments and deductibles for certain telehealth visits for patients during the COVID-19 Public Health Emergency (PHE). Our organizations represent millions of individuals with acute and chronic conditions, who often require ongoing monitoring and evaluation by medical professionals to maintain their health. According to the Centers for Disease Control and Prevention (CDC), many of these patients are "at increased risk" or "might be at an increased risk" for some of the worst consequences of the pandemic—including higher rates of hospitalization and mortality, if they were to contract COVID-19.<sup>5</sup>

Telehealth has proven to be critical to the populations we represent, and we applaud the health insurance industry for rapidly expanding access to telehealth services to its customers. This has enabled patients to be cared for by their health care providers from the safety of their homes, allowing them to address their health conditions while reducing their risk of being exposed to the coronavirus. The additional step of waiving patient cost-sharing for telehealth removed a significant barrier to diagnosis and treatment which is critical when trying to slow the spread of a highly contagious disease in the midst of an economic downturn.

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CC: America's Health Insurance Plans Anthem, Inc. BlueCross BlueShield Association Cigna Corporation CVS Health Humana Kaiser Foundation Health Plan, Inc. UnitedHealthcare November 10, 2020

Bruce D. Broussard CEO Humana 500 W. Main St. Louisville, KY 40202

## **RE:** Telehealth access during the COVID-19 Public Health Emergency

Dear Mr. Broussard:

We are writing in response to numerous press reports<sup>1,2</sup> and changes outlined on health insurer websites<sup>3,4</sup> that many health insurers are not or soon will no longer be waiving copayments and deductibles for certain telehealth visits for patients during the COVID-19 Public Health Emergency (PHE). Our organizations represent millions of individuals with acute and chronic conditions, who often require ongoing monitoring and evaluation by medical professionals to maintain their health. According to the Centers for Disease Control and Prevention (CDC), many of these patients are "at increased risk" or "might be at an increased risk" for some of the worst consequences of the pandemic—including higher rates of hospitalization and mortality, if they were to contract COVID-19.<sup>5</sup>

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CC: America's Health Insurance Plans Anthem, Inc. BlueCross BlueShield Association Cigna Corporation CVS Health Health Care Service Corporation Kaiser Foundation Health Plan, Inc. UnitedHealthcare November 10, 2020

Greg A. Adams Chairman and CEO Kaiser Foundation Health Plan, Inc. 3600 Broadway Oakland, CA 94611

## **RE:** Telehealth access during the COVID-19 Public Health Emergency

Dear Mr. Adams:

We are writing in response to numerous press reports<sup>1,2</sup> and changes outlined on health insurer websites<sup>3,4</sup> that many health insurers are not or soon will no longer be waiving copayments and deductibles for certain telehealth visits for patients during the COVID-19 Public Health Emergency (PHE). Our organizations represent millions of individuals with acute and chronic conditions, who often require ongoing monitoring and evaluation by medical professionals to maintain their health. According to the Centers for Disease Control and Prevention (CDC), many of these patients are "at increased risk" or "might be at an increased risk" for some of the worst consequences of the pandemic—including higher rates of hospitalization and mortality, if they were to contract COVID-19.<sup>5</sup>

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CC: America's Health Insurance Plans Anthem, Inc. BlueCross BlueShield Association Cigna Corporation CVS Health Health Care Service Corporation Humana UnitedHealthcare November 10, 2020

Dirk McMahon President and CEO UnitedHealthcare 5901 Lincoln Drive Minneapolis, MN 55436

## **RE:** Telehealth access during the COVID-19 Public Health Emergency

Dear Mr. McMahon:

We are writing in response to numerous press reports<sup>1,2</sup> and changes outlined on health insurer websites<sup>3,4</sup> that many health insurers are not or soon will no longer be waiving copayments and deductibles for certain telehealth visits for patients during the COVID-19 Public Health Emergency (PHE). Our organizations represent millions of individuals with acute and chronic conditions, who often require ongoing monitoring and evaluation by medical professionals to maintain their health. According to the Centers for Disease Control and Prevention (CDC), many of these patients are "at increased risk" or "might be at an increased risk" for some of the worst consequences of the pandemic—including higher rates of hospitalization and mortality, if they were to contract COVID-19.<sup>5</sup>

Telehealth has proven to be critical to the populations we represent, and we applaud the health insurance industry for rapidly expanding access to telehealth services to its customers. This has enabled patients to be cared for by their health care providers from the safety of their homes, allowing them to address their health conditions while reducing their risk of being exposed to the coronavirus. The additional step of waiving patient cost-sharing for telehealth removed a significant barrier to diagnosis and treatment which is critical when trying to slow the spread of a highly contagious disease in the midst of an economic downturn.

A Pew Research Center survey from September 2020 finds that one in four adults have had trouble paying their bills since the coronavirus outbreak started, a third have dipped into savings or retirement accounts to make ends meet, and about one in six adults have borrowed money from friends or family or gotten food from a food bank. Further, among lower-income adults, 46% say they have had trouble paying their bills since the pandemic started and roughly one third (32%) say it has been hard for them to make rent or mortgage payments. Approximately one in five middle-income adults have faced these challenges as well.<sup>6</sup>

<sup>&</sup>lt;sup>1</sup> <u>https://www.statnews.com/2020/09/29/united-healthcare-anthem-telemedicine-coverage-insurers/</u>

<sup>&</sup>lt;sup>2</sup> <u>https://www.nytimes.com/2020/10/03/health/covid-telemedicine-insurance.html</u>

<sup>&</sup>lt;sup>3</sup> <u>https://www.cigna.com/coronavirus/individuals-and-families</u>

<sup>&</sup>lt;sup>4</sup> <u>https://ir.antheminc.com/news-releases/news-release-details/anthem-waives-cost-share-covid-19-treatment?field\_nir\_news\_date\_value%5bmin%5d=</u>

<sup>&</sup>lt;sup>5</sup> <u>https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html</u>

<sup>&</sup>lt;sup>6</sup> <u>https://www.pewsocialtrends.org/2020/09/24/economic-fallout-from-covid-19-continues-to-hit-lower-income-americans-the-hardest/</u>

Given the likelihood that a third COVID-19 wave is imminent, we urge all health insurers to waive patient cost-sharing, including deductibles and co-pays, for telehealth services, for at least the duration of the COVID-19 PHE. Eliminating this important health access barrier will help protect the health of some of the most vulnerable members of our society many of whom continue to be disproportionately impacted by the COVID-19 pandemic. Waiving patient cost-sharing will permit patients with chronic conditions to continue to receive the care they need without needlessly exposing themselves to the coronavirus and contributing to its spread.

We would like to discuss this important issue at your convenience, so please reach out to our policy staff, Laura Friedman at the American Diabetes Association (<u>LFriedman@diabetes.org</u>), Patrick Stone at the National Psoriasis Foundation (<u>pstone@psoriasis.org</u>) or Heidi Ross at the National Organization for Rare Disorders (<u>HRoss@rarediseases.org</u>). Thank you for your consideration of our request.

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Peter L. Saltonstall President and CEO National Organization for Rare Disorders

Randy Beranek President and CEO National Psoriasis Foundation

<sup>&</sup>lt;sup>7</sup> <u>https://covid.cdc.gov/covid-data-tracker/#trends\_dailytrendscases</u>

<sup>&</sup>lt;sup>8</sup> https://www.cnbc.com/2020/10/17/us-may-face-substantial-third-wave-of-coronavirus-cases-experts-warn.html

<sup>&</sup>lt;sup>9</sup> <u>https://www.phe.gov/emergency/news/healthactions/phe/Pages/covid19-2Oct2020.aspx</u>

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CC: America's Health Insurance Plans Anthem, Inc. BlueCross BlueShield Association Cigna Corporation CVS Health Health Care Service Corporation Humana Kaiser Foundation Health Plan, Inc.