

NEW YORK STATE ASTHMA CONTROL PROGRAM (NYSACP)

PROTECTING HEALTH, SAVING COSTS: WHY NEW YORK NEEDS THE NATIONAL ASTHMA CONTROL PROGRAM

The New York State Asthma Control Program (NYSACP) has been part of CDC's National Asthma Control Program (NACP) since 2003, working alongside partners to reduce asthma disparities by improving the quality of asthma care, improving asthma management in schools, and fostering policies to help reduce exposure to asthma triggers in outdoor, indoor, and workplace environments.

NEW YORK'S ASTHMA BURDEN:

- Asthma affects over 1.8 million New Yorkers, including over 256,000 children.
- The burden is greatest among children, people of color, and low-income families, who experience higher rates of asthma attacks and hospitalizations.

KEY OUTCOMES FROM THE NEW YORK STATE ASTHMA CONTROL PROGRAM:

NYSACP supports multiple innovative programs across the state through partnerships with clinical providers, public health experts, and community-based organizations:

Asthma Management at Urban Health Plan (UHP):

- UHP, a federally qualified health center in the Bronx, provides care for over 12,000 asthma patients.
- With NYSACP support, UHP expanded telehealth asthma self-management education and CHW-led home visits.
- Between September 2021 and August 2022, 438 patients received an initial visit, and 92% (401) received a follow-up.
- Among patients with poorly controlled asthma at the start, 49% achieved well-controlled asthma by the second visit.
- Overall, 66% of revisited patients reported well-controlled asthma at follow-up, showing improved outcomes through accessible care.

Workforce Development and Provider Education:

- Through NYSACP and American Lung Association collaboration, approximately 25 annual scholarships are provided for the Asthma Educator Institute (AEI).
- AEI trains healthcare professionals to prepare for the National Asthma Educator Certification Board exam and equips them to deliver guidelines-based asthma care.



- This work supports Project BREATHE NY, a statewide asthma quality improvement initiative aimed at reducing asthma-related hospitalizations and improving care coordination across clinical and community settings.

NYS Healthy Homes Pilot Initiative:

- In partnership with NYSERDA and Medicaid managed care plans, the NYS Healthy Homes Pilot supports 500 children with poorly controlled asthma and their families in NYC and Western NY.
- Funded by a \$10 million investment from NYSERDA's Clean Energy Fund.
- Services include energy efficiency/weatherization, in-home environmental interventions, asthma education, care coordination, and CHW support for social care needs.
- As of early 2022, 53 families were enrolled, with evaluations underway to assess health and economic impact.

WHY FEDERAL FUNDING MATTERS:

These programs are made possible through strategic investments by the NACP and NYS contracts. Continued funding enables:

- Expansion of telehealth and home-based asthma services.
- Professional development for asthma care teams across the state.
- Scalable models for asthma-trigger mitigation and energy-efficient housing.
- Measurable reductions in asthma-related ER visits and hospitalizations.

Cutting these supports would mean fewer patients receiving life-changing care, less provider training, and diminished access to culturally appropriate asthma services across New York's diverse communities.

THE RISKS OF DEFUNDING:

- Increases in hospitalizations and emergency visits.
- More missed school days, higher healthcare costs, and poorer asthma control.
- Worsened health outcomes, especially as New York faces climate-related challenges like rising temperatures and air pollution.

THE NATIONAL ASTHMA CONTROL PROGRAM is essential to New York's ability to manage asthma, improve quality of life, and save healthcare costs. Restoring and protecting NACP funding ensures New Yorkers with asthma—especially the most vulnerable—continue to receive the education, support, and services they need to breathe easier.